

FIRST NATIONS LIFE
ANISHININIWI BIMAADIZIWIN
TEACHINGS OF THE ELDERS

Illustrated by: Abe Kakepetum

Written by: Eva M. Kakepetum

**FIRST NATIONS LIFE
TEACHINGS OF THE ELDERS**

Illustrated by: Abe Kakepetum

Written by: Eva M. Kakepetum

Copyright © Eva M. Kakepetum, 2014

All rights reserved

First Edition

New Author Publishing

Brockville, Ontario, Canada

www.newauthorpublishing.com

Library and Archives Canada

Cataloguing in Publication

Eva M. Kakepetum

ISBN 978-1-928045-05-2

Artwork: Abe Kakepetum

Copyright © 1991

Cover artwork: Abe Kakepetum

Creations in Harmony

Copyright © 2014

ACKNOWLEDGEMENTS

We would first like to thank our Creator God for the ability to produce this book. We are truly blessed by Him! This book is dedicated to all youth in the Waninawakang Headstart Program, Sioux Lookout, Ontario and to our grandchildren and great grandchildren. Thank you to Vicki Angees for the translation of the titles of these stories into the Ojicree language.

This book is possible because of the teachings of our Elders.

INTRODUCTION

This book was created out of love for the children and youth of our First Nations. These stories were written and compiled to bring messages of love, truth, respect, honour, and environmental awareness to the youth that hear them. They were also produced to preserve the storytelling, language, culture, and artistic aspect of our First Nations people.

ABOUT THE ARTIST



Abe Kakepetum

Abe Kakepetum is a member of Keewaywin First Nation. His last name translated means "Forever Glorious". He is of the Crane clan. Abe is a self-taught Woodland artist. He has always been interested in creating images of his culture and life.

Abe began drawing when he was very young during his pre-school years. He worked alongside renowned artist Carl Rae in his youth as well. His art matured with him and in the 1980's he entered a contest by well-known Canadian fashion designer Linda Lundstrom and won. Abe was the first Native artist to work with this fashion designer and his creations were applied to the La Parka.

Today Abe's work scans the globe. Individuals from Germany, England, Australia, Sweden, and many more countries have purchased his artwork at the various shows he has attended.

Mr. Kakepetum is also an accomplished singer and writes music. He has produced a number of records, tapes, and CDs. One consists of songs written of his culture and family history, some of which were co-written by his wife Eva.

ABOUT THE AUTHOR



Eva M. Kakepetum

Eva Kakepetum is a non-registered Métis whose roots extend to the Ojibwa Tribe of the Bad River Reserve in Wisconsin, U.S.A. Her name in the language is Mahkwa Kapo Equay (Bear Standing Woman) and she is of the Bear Clan.

Eva and her husband Abe have collaborated on songs, artwork, and books. Abe's art has been incorporated into her first book "Alive Again - A Journey From The Storms Of Life". This book contains a message of hope to those who are haunted by past abuse issues as well as exercises for the reader to begin their own healing journey from emotional issues including depression and anxiety.

Mrs. Kakepetum has been a mental health/addiction counselor for the past 34 years and has gained a wealth of knowledge from her clients as well as from her past abuse issues. It is Abe and Eva's prayer that the knowledge of the First Nation Culture be preserved through written, visual, and musical form. Teachings of the culture to our youth is of uppermost importance as they are our future and they need to preserve the teachings as well.

"Our Elders are passing on to their final resting place and without sharing the knowledge of the culture and language ... all will be lost. To lose the teachings of a culture is to become lost within ourselves.



TEPEE (MATIKWAAN)

A long time ago our people lived in Tepees which were very large tents with long poles to hold the tent. There was a hole in the top of the tepee where smoke would go through from the fire built inside.

Tepees were very warm and comfortable and they could be taken down and brought with the people when they moved. The people moved when the seasons changed to go hunting and fishing.



▽"69ΛC°
ABE KAKEPETUM/08

MOOSE (MOOS)

The moose is the biggest animal in the bush. The male moose has huge antlers which are used to clear away twigs when he is walking. The moose will rub his antlers in the bush to let another moose know he is there.

The moose can provide us with meat for food. Its hide or hair is used to make clothing like jackets, pants, mitts, dresses, and hats. Our people make tools from his antlers like knives and spears for hunting.

End of sample.
Enjoyed the preview?

[Buy the print version from Amazon.com](#)
[Buy the Kindle e-book from Amazon.com](#)

[Return to New Author Publishing](#)